



Vidya Bharati Akhil Bhartiya Shiksha Sansthan

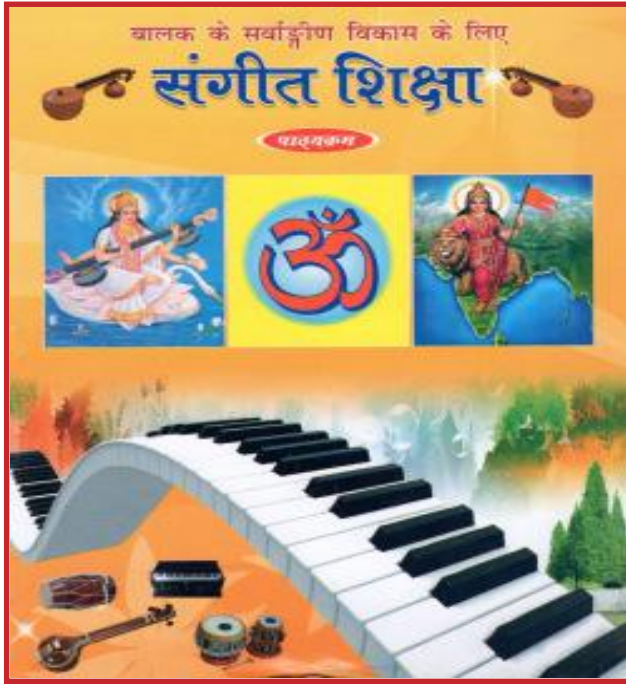
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NEWS LETTER

December 2019

The gradual development of *Music Education* in Vidya Bharati schools



Uniformity of Vandana

In the early 1980s, Sri Lajja Ram Ji Tomar, who was the life of Vidya Bharati, gave the responsibility of planning for the uniformity of the Vandana sung in schools and its recitation, to Vishwaratna, founder principal of Delhi's Geeta Bal Bharti Vidyalaya.

The principal assigned this task to Sri Rajkumar Verma, music teacher of the school. Sri Verma, along with a few other schools' music teachers prepared a 10 minute schedule of the

Vandana. This included 1. संस्कृत वंदना-या कुंदेंदु, 2. हिंदी प्रार्थना-हे हंस वाहिनी, 3. ब्रह्मनाद, 4. मौन(1 मिनट), 5. गायत्री मंत्र, 6. भारत माता वंदना श्लोक, 7. शांति पाठ।

An audio tape, titled 'Archana' was prepared, copies of which were sent to every school of Vidya Bharati.

In addition to Vandana, 10 songs of different provincial languages of the country were also included in this audio cassette. NCERT's book " आओ मिलकर गाएँ " was made the basis of this.

It was urged that apart from the language of their province, a song of another provincial language (changed every year) should be taught to the children, so that every student who passed class XII learned singing songs of eight-ten languages of their country easily and establish familiarity with those languages.

Vandana improved-sophistication

Vandana continued to improve, based on the experience and suggestions gained after five to seven years and with changes in technology. Audio came on CD from cassette. Now

the CD has come on email. So far 6 editions of 'Archana' have been published.

Determination of songs at all India level

Every year, a Sanskrit song and a Hindi song were set for primary classes and one song for secondary classes for all schools and the sequence of sending its audio clip over email started.

Music as a basic subject

In the year 1989-90, the theory of physical education, music education, Sanskrit, Yoga and moral and spiritual education disciplines emerged for the training of 'Panchamahabhut', corresponding Panchkosh and their spheres of human-body, mind, intellect, life and soul. For the balanced and holistic development of personality, it was planned to include these five subjects in Vidya Bharati schools in the school curriculum.

The task of training the mind was to be done through music. And work started on the music textbook and syllabus.

Nature of music education

1. Music listening opportunities : Students be given the opportunity to listen to high-quality melodious music on the school's public broadcasting system as per the following schedule : (a) 20-25 minutes before the school

Vandana, (b) short recess time and (c) 15 minutes after the full recess. It was decided that devotional music and patriotic music should be played.

2. Vandana Session : There should be a 40-minutes Vandana session, with 10 minutes of Vandana, 10 minutes of musical material and 10 minutes of other activities, 10 minutes to gather at the Vandana site from the classroom and return to the classroom after the Vandana.

In this way, the plan of time for this Vandana should be planned and implemented.

3. The schedule for the 10 minutes given to music, Vidya Bharati has published a book called 'Archan Vandana', which contains many lessons like morning remembrance, Ekatmata Stotra, couplets, chaupaiyans, Vande Mataram, etc.

4. Introduction to music and practice : A textbook called 'Sa Re Ga Ma Pa Dha Ni' was produced and it was decided that every school should have a music teacher and each class should be given two periods a week for music. What to teach, how to teach and how to evaluate - the complete music curriculum was produced and published in March 1993.

5. The syllabus covered the practice of two 'ragas' in each class from standard 6 to 12. In this way, Vidya Bharati Uttar Kshetra has done the work of recording a CD and publishing a book on patriotic songs based on these 14 ragas.

"Vidya Bharati Alumni In Social Service"

Abhishek Seth - Bringing Swadeshi Movement Back

Globalization is a significant phenomenon in competitive modern world that integrate and mobilize cultural values of people at a global level. Rapid technical progress and rise of social media is unifying countries, cultures and economy. This global merger in turn has major

time relearning our country's rich heritage.

Abhishek Seth, alumnus of **Saraswati Vidya Mandir Inter College, Jhansi Road**, and **Jugal Devi Saraswati Vidya Mandir, Kanpur, UP** is a passionate supporter of everything Indian or 'Swadeshi'. He



impact on cultural, social, monetary, political, and communal life of countries ushering in unprecedented changes in all spheres.

Though globalization has its own advantages, there are several negative effects as well. In India we are slowly moving towards a more westernized culture and gradually moving away from our Indian roots, thus it is high time we spend more

believes that our vast historical and cultural heritage is a treasure trove of knowledge. In his bid to bring Indians closer to their roots, the M.Tech pass out from Malaviya National Institute of Technology, joined as a volunteer at **Rajiv Dixit Sangh**.

The organisation aims to bring 'Swadeshi' movement back in India and promote Indianness. Under Rajiv Dixit Sangh, Abhishek has been involved

with several projects, where he along with other volunteers are responsible to spread awareness regarding the importance of 'Swadeshi' movement specifically in the fields of Health, Education, Agriculture and Economy.

The team organize campaigns **promoting use of Ayurveda and Naturopathy**, instead of relying heavily on Allopathy medicines as Ayurvedic medicines are more gentler on the human body. A lot of stress is also given towards maintaining an active and healthy lifestyle, similar to our forefathers. The volunteers encourage people to **eat natural organic food and beverages** instead of unhealthy fast food and drinks.

Patronizing local art and handicrafts, using goods produced by Indian companies, stress on learning Indian languages are all part of their awareness campaigns. Once every year a 'Bhartiya Sanskriti' camp is organised to promote Indian culture and heritage which is attended by people from all walks of life.

Apart from awareness campaigns the volunteers work with local farmers, training them in **organic farming** and use of

natural fertilizers. This increases the nutritional value of the produce, reduces harmful chemical contamination of food and helps to maintain nutritional balance of the soil. The organisation also support the farmers to sell their organic produce directly to the consumers, resulting in more financial profit for the farmers and fresher food for consumers.

This year Abhishek along with fellow volunteers have started a campaign in Faridabad, called "Main aur Mera Shahar Abhiyan" which promotes the concept of smart cities and smart citizenship.

मैं और मेरा शहर परिचया

क्या आपको स्वस्थ जीवनशैली मिली?

क्या चाहिए फरीदाबाद प्रदूषण में नंबर 2 या नंबर 100 पर?

क्या आपको प्राकृतिक भोजन (organic food) मिला?

क्या शहर कंक्रीट के जंगलों से सुंदर बनता है? या नागरिकों की सुंदर सोच से (Smart city or smart citizen)

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For more of such information visit <https://www.vidyabharatialumni.org/blog>

Central University Of South Bihar Student - Adarsh Associated With Several Social Development Projects



In present times when Indian youth are preferring to leave their countries in search of better opportunities in foreign lands, resulting in a nation reeling under alarming rate of 'brain drain', it is heartening to witness promising students choosing to stay back and work for the betterment of the country.

The story of Adarsh Ranjan, an alumnus of Saraswati Vidya Mandir, Maharajganj (Bihar) speaks of selfless dedication towards his fellow countrymen. Adarsh has been an outstanding student since his school days, winning several awards. He was declared as Best Student of the School in the year 2012. He also won 1st Prize in Quiz Competition on National Youth Day at Central University of South Bihar, 2nd Prize in State Level English Quiz Competition, organized by Lok Shiksha Samiti, Bihar in the year 2011 and became Semi-Finalist of CUSB Parliamentary Debate (DPL) held in the year 2017.

The present B.Sc. LL.B.

(Corporate Honours) final year student had another passion along with excelling in his studies, which was his burning desire to help people who were less fortunate than him. Adarsh's journey in social service began when he joined, 'Team SMiLE' as a member and treasurer. This organization is a social service group initiated by the students of M.A Political Science, CUSB, in January, 2016 and its membership is open to all students from various departments of the Central University of South Bihar. While working for Team SMiLE, Adarsh along with his fellow team members was primarily responsible for upliftment of people residing in slum areas. The team conducted surveys, organised campaigns on health and hygiene, provide free classes to students and gave edu-legal aid free of cost.

Apart being part of Team SMiLE, in the year 2018, Adarsh did an internship under the flagship programme of Government of India, Ministry of Human Resource Development, called 'Swachh Bharat summer internship' where he secured first rank at University level and won Rs 30000 as award money. Currently, he is a member of the Coordination Committee of 'Ek Bharat Shrestha Bharat', MHRD at CUSB under which he is continuing with his social service work.

" Vidya Bharati in Media "

Explaining the importance of Indian goods & healthcare

A Health Mela and Seminars Prachar Abhiyan was organised in Saraswati Bal Mandir, Rajouri Garden. Students from classes III to VIII put up the stalls of goods of Indian make like goods and items. This promoted a feel of nationality.

They explained the benefits of using Indian products as it supports our economy. They sold things of Indian brands and the school changed into a Haat. Students learnt the skills of buying and selling through this attempt. All the collection by selling products was donated for welfare of deprived.

The suggestion of donating the collection was given by Vanshika (VI). Simultaneously, a Health Mela was also organised by staff of a renowned hospital and without any charge check-up was done. Parents, students and staff members got opportunity to get measured their blood pressure, sugar, weight and facility of ECG also benefited the people. The personnel from a renowned bank also guided people for their queries.

Students explained the benefits of using Indian products as it supports country's economy. They sold things of Indian brands



The programme was attended by Jagyoti Jain and Subhash Nagpal to inspire and encourage children. School principal Veena Goel and the manager of the school Rachna Dhandia extended gratitude to hospital staff and bank manager.

VB Students; Explaining the importance of Indian goods and Healthcare

The students of Saraswati Bal Mandir, Rajouri Garden, Delhi, organised a 'mela' in which several stalls were put up by the children of classes III to VIII. They explained the benefits of using Indian products to visitors, as it supports the country's economy. From the stalls they sold products of Indian brands. This promoted a feeling of nationality. All the collection made by selling products was donated for welfare of deprived.



Vidya Bharati Students show their talent in the science fair in Forbisganj

A science fair was organised at the Shrirani Saraswati Sishu Mandir, Forbisganj. Students made models highlighting subjects related to science, food chain, soil conservation, energy conservation, disaster management, agricultural technology, speed, blood circulation in humans, environmental protection, etc. Selected students from here will participate in the state level science fair in Sitamarhi.



कागज व कपड़े का थैला बनाकर बच्चों ने किया जागरूक

जलवायु परिवर्तन पर सस्वती विद्या मंदिर में पढाती थी विद्यार्थियों के बीच-बच्चों ने कागज और कपड़ा का थैला बनाकर रावे शिक्षकों को आहूत किया की पर्यावरण मुक्त थैला बनाने के लिए आवाज उठाया या कागज थैला का ही उपयोग करें। शिक्षार्थियों के प्रयासों के अंतर्गत विद्यार्थी ने सस्वती पर्यावरण मुक्त थैला बनाने के लिए श्रमिकों के साथ मिलकर नए थैले का निर्माण करने हैं। थैला बनाने का कार्य भी महिला विद्यार्थियों का उपयोग नहीं कर सकते हैं। प्रभावकारी ने विद्यार्थियों को शिक्षा करते हुए सस्वती को जागरूक बनाया है। महिला पर विद्यार्थियों के अंतर्गत समस्तकाल प्रयोग, संशोधन, सुनवाई, वार्डन, अतिथि, यौवव, तुलसी, वार्डन, अतिथि, यौवव, तुलसी



युवा, वरिष्ठ, अतिथि, यौवव, तुलसी, वार्डन, अतिथि, यौवव, तुलसी



Say No To Plastic

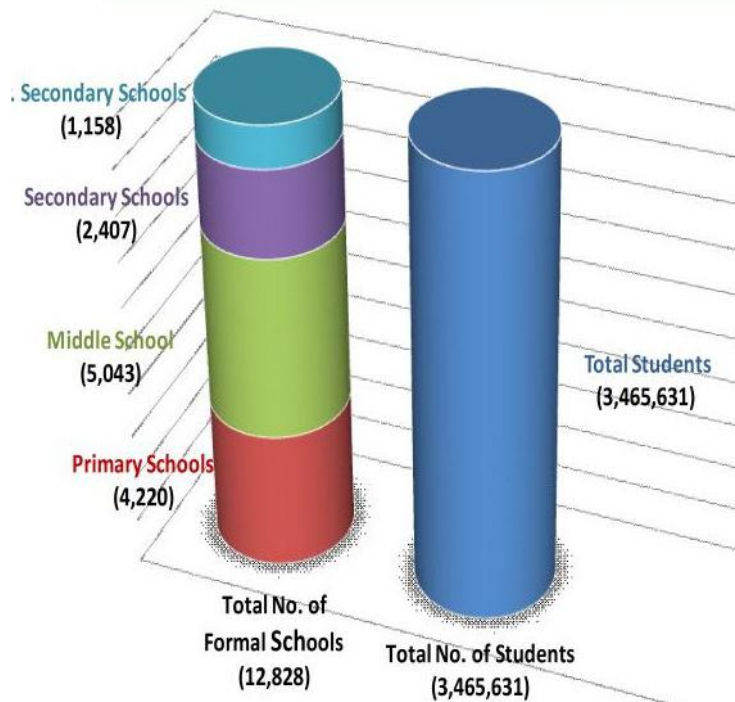
Students of Padmavati Jain Saraswati Vidya Mandir, Chaibassa in Jharkhand made bags of cloth and paper to create awareness against use of Plastic bags. The students asked the teachers not to use plastic bags at all.

Only solar-powered School in MP

Vidya Bharati's Saraswati Vidyapeeth Residential School in Shivpuri became the only solar-powered school in the state. They installed 138 plates of 45 kilowatts and now it will produce 180 units per day and save more than 14,000 Rupees.

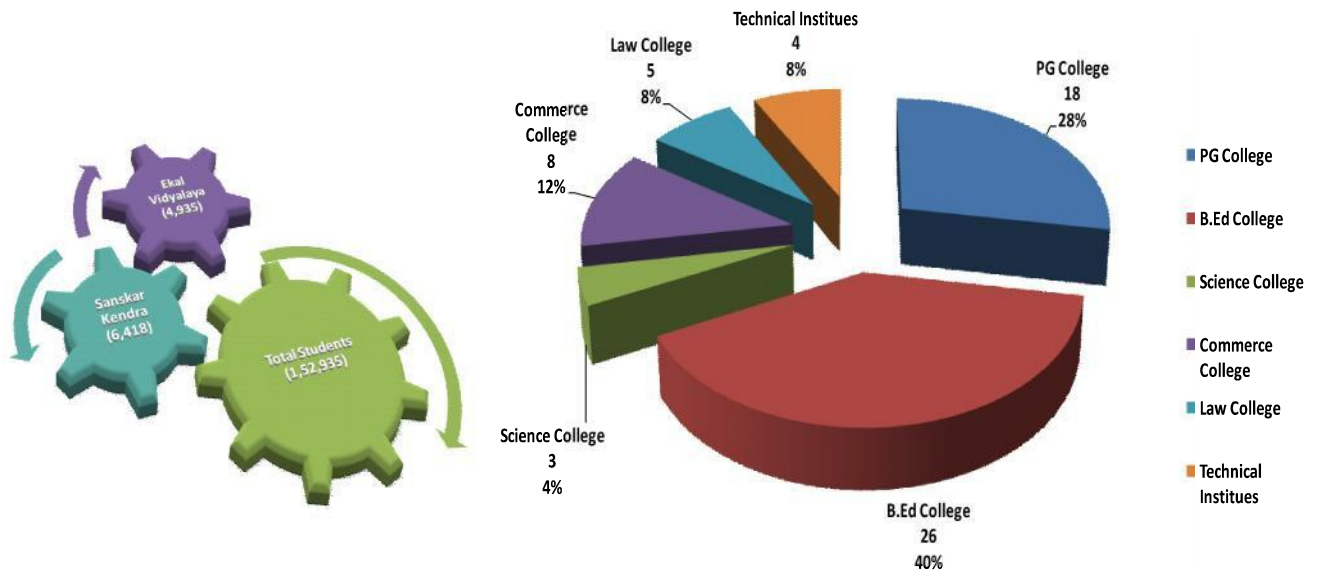


IN 2019-20 SESSION



	Total	Total Students
Formal Schools	12,828	3,465,631
Primary - Upto Class 5th	4,220	
Middle - Upto Class 8th	5,043	
Secondary - Upto Class 10 th	2,407	
Sr. Secondary - Upto Class 12 th	1,158	
* Residential Schools 350+		
* 1,70,00 students given FREE Education		
Informal Education Centres	11,353	152,932
Ekal Vidyalaya	4,935	
Sanskar Kendra	6,418	
Higher Education Institutes	64	
PG College	18	
B.Ed College	26	
Science College	3	
Commerce College	8	
Law College	5	
Technical Institutes	4	
(*3 Colleges exclusively for girls)		

*** Residential Schools 350+**
*** 1,70,00 students given FREE Education**



Informal Education Centres (11,353)

(* 3 Colleges exclusively for girls)

Higher Education Institutes (64)



Vidya Bharati Akhil Bhartiya Skiksha Sansthan

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