

# चंदेया भारती इहारेणो इवलरववे

सा विद्या या विमुक्तये



March 2023

Falgun-Chaitra, Vikrami Samvat, 2079



## Akhil Bharatiya Pratinidhi Sabha, Rashtriya Swayamsevak Sangh

**Akhil Bharatiya Pratinidhi Sabha Resolutions - Let us resolve for a resurgence of Rashtra based on 'Swa' (Selfhood)**

## Magazine Editor's Akhil Bharatiya Workshop

**Continuous and Collective Efforts are necessary to establish discourse in Education: Shri Alok Kumar**



## Akhil Bharatiya Training Workshop (According to NEP 2020)

**Our Acharya should be the leading warrior in the implementation of the National Education Policy: Shri D. Ramakrishna Rao**





## Imbibe Three-Point Principle of Sri Guru Nanak Dev into The Present Generation



According to the Bharatiya tradition, when injustice, oppression, social, economic and religious conditions in the world begin to decline, then at that time an Avatar or a Guru arrives in the world, who uplifts the world from degradation, adopts true qualities and merges with God. Looks like a way to be. Such incarnated men, gurus give the nectar of love and compassion to the people and show them the right path.

The life of Guru Nanak Dev Ji continued to show the way for humanity to attain the truth and will continue to do so in the future as well. He spent most of his life in traveling across the country (which has been named 'Udasio'). By explaining to people, the real form of religion, they showed the way to merge in the divine.

Guru Sahib, explaining the real purpose of life by ending the decline in the social, economic, political and religious life of the people, gave them the model of high ideals, the three-point principle of 'Kirat Karne, Naam Japne and Baant Chhakne'. In which there is complete philosophy of ideal life. A person who adopts these principles plays an important role in building a healthy society while living in the society, considering the home, maintaining the family and merges with God after attaining the real purpose of life.

According to Guru Bani:

**“उदम् करेदिआ उ तूँ कमावदिया सुख भुंनु।।  
धिआइदिआ तूँ प्रभु मिलु नानक उतरी चिंत।।”**

For the sustenance of the body, it is very important to get healthy food and work hard for fitness. Working hard also for the needs of the family. Apart from this, it is also necessary to do hard labor to help the needy in the society. A working person does not become a burden on society but also creates a resource for the income of other people. His social and economic life is generated. A man of fame lives a life of self-respect and does not depend on anyone. A man of record is not lazy. A man of fame remains healthy.

The sacred Guruvak of Gurbani is:

**“घालि खाड़ किछु हथहु देइ।।  
नानक राहु पछाणहि सेई।।”**

A story related to labor (shrm) on Guru Sahib's life in a Sakhi is prevalent that Malik Bhagon, a moneylender of Amanabad, had kept a Brahma Bhoj in his house in which all the sages and saints were called. He sent an invitation to Guru Sahib but Guru Ji refused to attend the feast. On repeated requests, Guru Ji went to his house to preach to him but did not take food. On the question of Malik Bhagon, Guruji said that your earnings have been collected by the oppression of the poor and not by true labor, so it has the blood of the poor, so we cannot eat this food.

Malik Bhagon asked for its proof. Guruji ordered food prepared from Malik Bhagon and Kodhre ki roti made in Bhai Lalon's house. Guru Ji took Bhai Lalon's roti in his right hand and Malik Bhagon's roti in his left hand. When Guruji pressed both the rotis in his hand, blood oozed out from Malik Bhagon's roti and milk flowed from Bhai Lalon's roti. Malik Bhagon apologized to Guru Ji and resolved to work with his own hands henceforth.

**Chanting the Name:** The best thing in the world is to chant the Name.

Guru Bani's order is-

**“अवरि काज तैरे कितै न काम।**

**मिलु साधसंगति भजु केवल नाम।।” अंग साहिब-12**

In the name of God, divine qualities arise in a man, by which man becomes a deity, due to which a sense of brotherhood arises, his condition becomes like this according to Gurbani:

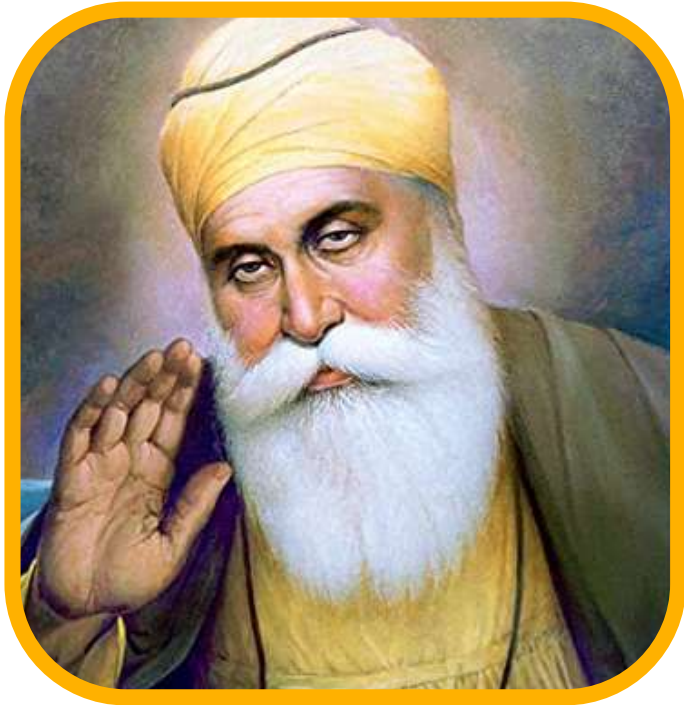
**“सभे साझीवाल सदइनित किसै न दिसहि बाहरा ऊ।” अंग साहिब - 97**

Man wants the good of everyone. He is always ready for the welfare and benevolence of living beings and does not want to harm anyone. Bookish knowledge can give us awareness but name produces wisdom. He gets the understanding of what is good and what is bad. He spends his life beautifying the world. Takes care of the entire nature. The order of Gurbani is:

**‘सरब रोग अउखदु नाम।।’ अंग साहिब-274**

The name is the medicine for all diseases. A lot of research has been done on this, which has proved that a person who chants the name can get rid of all kinds of diseases and becomes physically and mentally fit. Just as food is necessary for the body, similarly the food of the soul is the name of the Lord. When a person chants the name, the spiritual force increases within him then he can work in the right direction with the physical force. It has been researched by the University of Tanzania **Cont..**





that worshipping God from 12 o'clock in the night to 7 in the morning gives cosmic energy. The time from 4 o'clock to 5 o'clock is the prime time. By chanting the name of the Lord, the virtues of the Lord come into that person. In this way the person becomes virtuous. The name awakens the mind of man. The order of Gurbani is:

**इहु मन सक्ति इहु मनु सीऊ।**

**इहु मनु पंच ततु को ऊ॥ अंग साहिब 340**

**Sharing Food** : The nature of sharing before eating arises in a human being. He spends time to rehabilitate the bad people of the society. In the Sikh Panth, the tenth part of the earnings of the Sikh is set aside in the name of the Guru, which is called 'Dashbandha'.

These earnings is used for the welfare of needy, poor, destitute, orphan people, like teaching poor children, etc. A philanthropist named 'John Rock Filler' says that his wealth increases with the donations made by him.

That fact is contrary to the theory of economics, but when he researches the theory on other people, facts come to the fore that this theory is Universal Law. Thus the principle of charity is that you will receive more than what you give. Guru Nanak Dev Ji has already given us this principle. According to Gurbani:

**‘खावहि खरचहि रल मिल भाई॥**

**तोटि न आवै बधदो जाई॥’**

Wherever there is a natural calamity or war in the world or there is a calamity due to the spread of starvation and epidemic in any area of the world, then 'Khalsa and Society' organizes langar there and manages for the rehabilitation of the people of that place, yet there is no shortage of money etc.

The principle of chanting the above, chanting the name and sharing before eating gives a new vision to the society, mutual brotherhood, love and security, closeness with earth-water-air, and love, and respect for animals. Enjoying in the lap of nature, one merge in God, which is the main purpose of coming to the human world.

Today, there is a great need to make the new generation aware by including the three-point principle of Shri Guru Nanak Dev Ji '**Kirat Karne, Naam Japne, and Baant Kar Chhakne**' in today's education.

**-Dr Narendra Singh Virk**

## Akhil Bharatiya Workshop on ‘Yog Shiksha’

**Amarkantak** | Shri Prakashmani Tripathi, Vice Chancellor Indira Gandhi National Tribal University Amarkantak, Shri Sthanu Murthy Prabhari Akhil Bharatiya Yog Shiksha, Shri Rajesh Sanyojak Akhil Bharatiya Yog Shiksha, Shri Lavaleen Baba Dharkundi Ashram graced their presence in the inaugural session of the Akhil Bharatiya Workshop of Yog Shiksha at Amarkantak.

The workshop lasted from March 15 to March 19, 2023. A total of 40 selected expert trainers from across the country including 8 Kshetriya Yog Shiksha Pramukh, and 19 Prant Yog Shiksha Pramukh participated in the yog workshop.





## Magazine Editor's Akhil Bharatiya Workshop

**Continuous and Collective Efforts are necessary to establish discourse in Education: Alok Kumar**

**Take the help of technology along with magazines  
Instill a sense of pride in the country and world welfare**

**Noida** | Vidya Bharati Prachar Vibhag organized a two-day Akhil Bharatiya Magazine Editor's Workshop on March 18-19 at Saraswati Shishu Mandir Sector-12, Noida. On this occasion, Shri Alok Kumar, and Akhil Bharatiya Seh-Prachar Pramukh of Rashtriya Swayamsevak Sangh said that continuous and collective efforts are necessary to establish discourse in Education. For this, newspapers and magazines are important, as well as the cooperation of technology will also have to be taken. In the present era, social media and digital media can play a major role in establishing our discourse. Our discussion is our interest in everyone's interest, our welfare is in everyone's welfare and all are equal, this spirit moves forward. We have to establish this discussion among the common people. He called upon the magazine editors to keep in mind that the material being presented should develop a feeling of pride for the country and the welfare of the world in the minds of the readers. Today, efforts are being made to establish such a discussion in the country through social media, in which efforts are being made to prove Bharat's culture, traditions and economy inferior. Today new controversies are being created in the country, due to which the image of Bharat can be tarnished in the world. Shri Alok Kumar said that today a section of the society is unable to tolerate Bharat's self-reliance, industrial development and cultural pride, hence questions are being raised on the country's culture and traditions. All these can be countered through interesting content using technology with the right facts. Alok said that the editor should increase the quality of the magazine and try to reach a maximum number of people through positive content. Editors should establish "Shiksha ke Panchpran" in society and especially in the world of education.

Editors should establish "Shiksha ke Panchpran" in society and especially in the world of education.

The British very cleverly disregarded Bharat's education system to prove their culture and language superior and called Bharatiya languages inferior. Together we all have to change this discourse and restore the philosophy of Bharatiya education.

**Make magazine content simple and readable**

Editor of Hindustan News Agency Jitendra Tiwari asked magazine editors to make the content simple and readable through editorial skills. Explain your topic properly, keep the facts properly, remove grammatical errors, do not repeat words in a sentence, make short sentences and if there is doubt about any fact, remove it. The intro and title of the article should be such that the reader is forced to read. Appealing to adhere to the principles of editing, he said that the content should have factuality, objectivity, and balance. The topics of the articles should be relevant because the format of the magazine is serious and permanent.

**Digital presence and content audit of magazines required**

Shri Ravi Kumar, Sangthan Mantri of Vidya Bharati Delhi Prant and member of the Kendriya Toli of the Prachar Vibhag gave detailed information about the presence of the magazine on the digital platform and the content audit. He specially designed PDFs of magazines and discussed formats, e-paper solutions, flip version plugins, and PDFs on websites and blogs. Along with this, the need for content audit, things to keep in mind in content audit and methods of content audit were given. At the conclusion of the workshop, Principal Prakashveer expressed gratitude to the editors of Vidya Bharati's magazines published from different states, area publicity heads, Prant Prachar Pramukhs and all other dignitaries. In this workshop, 49 participants from 10 out of 11 regions across the country were present.

**Cont...**





On this occasion, Vidya Bharati Akhil Bharatiya Mahamantri, and Shri Avneesh Bhatnagar said that it is necessary for magazine editors to know and understand technical things along with the opportunity of editing and management side information. Before publishing any issue of the magazine, it should be kept in mind what is the purpose of the magazine and in what form the discussion is to be taken before the readers. Review the article to be published in the magazine to include the idea of Bharatiyata in education. Publication of an academic journal is academic as well as social work. Shri Bhatnagar said that the editors should remove the errors in content selection, syntax, choice of words and proofs for the quality of the magazine. Magazine editors should identify their target audience and select content according to their interests. In order to maintain novelty and interest in the magazine, new experiments, new designs and new presentations and such changes should be made in each issue.

The workshop was addressed by Shri Sudhakar Reddy, Prabhari of Vidya Bharati Prachar Vibhag Shri Domeswar Sahu, Kshetriya Sangthan Mantri of Vidya Bharati Prachar Vibhag, Shri Vijay Maroo, member of the Kendriya Toli of Vidya Bharati Prachar Vibhag. During the workshop, the participants visited Panchjanya Magazine Office and Perna Patrakarita Sansthan, Noida.



## Akhil Bharatiya Training Workshop (According to NEP 2020)

**Our Acharya should be the leading warrior in the implementation of the National Education Policy:**

**Shri D. Ramakrishna Rao**



**Ghaziabad** | National Education Policy 2020 has been implemented in all the schools of Vidya Bharati to bring changes in the education system of the country and to build a future generation for a self-reliant and strong Bharat. In such a situation, work is being done to improve the quality of education and prepare good teachers for it. For this, training of trainers is being done by Vidya Bharati in different provinces of the country. In this series, a three-day (February 28 to March 2, 2023) Akhil Bharatiya Teacher Training Workshop was jointly organized at Saraswati Shishu Mandir and Durgavati Hemraj Tah Saraswati Vidya Mandir, Ghaziabad. The objective of the workshop was to train teachers to improve the quality of teaching as per the National Education Policy - 2020.

On this occasion, Shri Gobind Chandra Mahant, Akhil Bharatiya Sangthan Mantri of Vidya Bharati, said that we are all committed to a certain goal. We are working to make the best country and universal country through Vidya Bharati.

Shri D. Ramakrishna Rao, President of Vidya Bharati, said that we have come to a state of clarity from the state of confusion. Our Acharya should be the leading warrior in the implementation of the National Education Policy 2020. Shri Avneesh Bhatnagar - Akhil Bharatiya Mahamantri, Shri Shreeram Aaravkar - Akhil Bharatiya Seh- Sangthan Mantri, NCERT Professor & Head CIET - Smt. Ranjana Arora, Shri Bharat Bhai Dhonkai - Director Samagra Vikas Prakalp Gujarat, Prof. Sukhwinder - NCERT, Smt. Namrata Dutt - Seh- Sanyojika Shishu Vatika Shri A. Laxman Rao - Prabhari Prashikshan Vibhag, etc. also put forward their views.

Members of the Akhil Bharatiya team, kshetra Sanyojak and Sehsanyojak and Sanyojak and Sehsanyojak of the prant were present in the training workshop.



## Akhil Bharatiya Pratinidhi Sabha, Rashtriya Swayamsevak Sangh

### ABPS Resolutions - Let us resolve for resurgence of Rashtra based on 'Swa' (Selfhood)



**Panipat (Haryana)** | The Akhil Bharatiya Pratinidhi Sabha (ABPS) is of the considered opinion that the prolonged journey of Bharat's 'Swa' to realize the noble objective of global wellbeing has always been a source of inspiration for all of us. During the period of foreign invasions and struggle, Bharat's societal life got disturbed and social, economic, cultural and religious systems were severely mutilated. In this period, under the stewardship of revered saints and great personalities, the entire society preserved its 'Swa' while being in a continuous struggle. The inspiration for this struggle was based on the 'Swa-trayi' of Swadharm, Swadeshi and Swaraj in which the entire society participated. On the auspicious occasion of Amrit Mahotsav of independence, the whole nation gratefully acknowledged the public leaders, freedom fighters and seers who contributed in this resistance.

After independence, we have attained remarkable achievements in many fields. Today, Bharat's economy is emerging as one of the leading economies of the world. The resurgence based on Bharatiya's eternal values is being accepted by the world. Bharat is heading towards a role for ensuring global peace, universal brotherhood, and human well-being based on the conceptual framework of 'Vasudhaiva Kutumbakam'.

The Akhil Bharatiya Pratinidhi Sabha is of the opinion that, in the process of making well organized, glorious and prosperous nation, we need to overcome the challenges of the fulfillment of the basic needs of all sections of society, opportunities for holistic

development and building new models based on the Bharatiya concept of modernity through judicious use of technology and eco-friendly development. For rebuilding the nation, we need to make special efforts for achieving the objectives such as strengthening the family institution, creating a fraternity-based harmonious society and developing entrepreneurship with Swadeshi spirit.

The entire society, especially the youth, will have to make concerted efforts in this regard. As renunciation and sacrifice were essential for freedom from foreign rule during the period of struggle; in present times, we need to establish a social life free from the colonial mindset and committed to civic duties for the realization of the abovementioned objectives. In this perspective, the call of 'Panch Pran' (five resolves) given by the Honourable Prime Minister on Independence Day is significant.

The Akhil Bharatiya Pratinidhi Sabha wishes to underscore the fact that while many countries have respect and goodwill for Bharat, some forces in the world are not accepting this Bharatiya resurgence based on its 'Swa'. These forces opposing Hindutva thought within and outside the country are devising new conspiracies for creating mutual distrust in society, systemic alienation and anarchy by instigating selfish interests and divisiveness. While being vigilant towards all these, we also need to defeat their designs.

This 'Amritkaal' is offering us an opportunity to make collective efforts so that Bharat attains global leadership. The ABPS calls upon the entire society including enlightened people to participate, with full strength, in this endeavour of evolving contemporary systems in all the fields of social life including educational, economic, social, democratic and judicial institutions in the light of Bharatiya thought process, so that Bharat acquires its rightful place on the global stage as a strong, prosperous nation committed to universal wellbeing.

## Aadhaar Varg at Vidya Dham Jalandhar

**Jalandhar** | Aadhaar Varg was organized from March 14 to 28 at Vidya Dham, the headquarters of Sarvhitkari Shiksha Samiti. In this class, 71 Acharyas selected out of about 2000 from all the 124 Vidya Mandirs of Punjab were included.



Create an environment of learning in Vidya Mandirs – Shri Vijay Nadda

8 sessions were conducted daily in the Aadhaar class. During this, the participants were made to practice physical, yoga, music, Sanskrit and moral and spiritual education. These five are the basic subjects of Vidya Bharati, on the basis of which all-round development of the child will be possible. Apart from this, training was also given according to the latest techniques of teaching and 'National Education Policy - 2020'. Vidya Bharati Uttar Kshetriya Sangathan Mantri Vijay Nadda said that we should not try to teach students, but to create an environment of learning in Vidya Mandirs, this is the main task of all of us. To create an environment of learning, we have to create reverence in the minds of the students. Faith is not created, but the feeling of faith comes in the mind itself. For this we have to pay special attention to our conduct. Students learn more from our conduct than from our preaching.

## Akhil Bharatiya Meeting of Manak Parishad

**Kurukshetra** | Akhil Bharatiya Toli meeting of Vidya Bharati Manak Parishad was organized on March 15-16, 2023 at Geeta Niketan residential school campus Kurukshetra. Vidya Bharati Manak Parishad is working since 2015 in the work of school assessment. In the session 2022-23, Vidya Bharati Manak Parishad organized 4 assessor training workshops. These workshops were organized in the states of Meerut, Jharkhand, Goraksh and Karnataka in which 158 participants were trained.

In session 2022-23, 50 assessor training programs were completed in Jharkhand prant, 28 in Meerut prant, 40 in Karnataka prant and 52 in Gorakhpur prant. Along with this, assessor orientation workshops were organized according to the prant and territory. A total of 450 assessors participated in 14 workshops. Vidya Bharati Manak Parishad assessed 75 schools this year. Shri Govind Chandra Mahant Sangthan Mantri, and Shri Avneesh Bhatnagar Mahamantri were especially present in the meeting.



## Brainstorming on many topics in the contemplation meeting of VBSSS

### Akhil Bharatiya Cultural Festival will be held in Mathura



**Kurukshetra** | Dr. Lalit Bihari Goswami, President of Vidya Bharati Sanskriti Shiksha Sansthan, said that we should keep our target big in front of us in the four-day contemplation meeting organized by Vidya Bharati Sanskriti Shiksha Sansthan. We will achieve the goal, it is an assumption, there is an opportunity, but we will always move towards that direction by making a goal. Go into the full depth of the subject we are contemplating. The deeper we go, the more we will be able to fully understand the subject. If we look inside ourselves as a person, as a worker of the organization, then a vision comes in front of us as to how our education should be. That vision should go down to our Aadharbhoot unit. If we have such a great 'vision' like Lord Shri Krishna, then the student himself will come running to you. It is our eternal responsibility to convey what we have learned, the knowledge we have gained from others. In this way, this Bharatiya knowledge flows continuously till the future.

### Our ultimate responsibility is to spread knowledge to others: Dr. Lalit Bihari Goswami

We need such intelligence to decide between truth and falsehood. We don't have to create truth, but truth is there, we have to see it. Contemplation Meeting is about learning. We should try to learn with humility. Dr. Ramendra Singh, director of Vidya Bharati Sanskriti Shiksha Sansthan, told that many topics were discussed in the four-day meeting. At the national level, the Akhil Bharatiya Culture Festival will be organized in Mathura. New genres have been added to the Sanskriti Mahotsav. The sculpture has been considered for inclusion in the festival. It was also considered to organize workshops on arts and culture conservation, yoga, moral values, and science across the country. College students will get an opportunity to understand Bharatiya culture through the institute. Representatives from Rajasthan, Madhya Pradesh, Gujarat, Chhattisgarh, Jharkhand, Bihar, Haryana, Uttar Pradesh, Odisha, and Assam participated in the meeting.



## Science Fair : Nagaland





## Principal Workshop, Shimla (Himachal)

**Bharat's education philosophy says that no one can teach anyone unless a person tries to learn himself – Shri Deshraj**



**Shimla** | Himachal Shiksha Samiti organized a five-day workshop at Saraswati Vidya Mandir Him-Rashmi Complex, Vikasnagar, Shimla. Vidya Bharati Uttar Kshetra Mahamantri Deshraj, Shri Gulab Singh Mehta, Shri Mohan Kesta, Shri Dilaram Chauhan, Shri Gyan, etc. were especially present in the workshop.

Knowledge of Bharat and its inclusion in educational subjects in this workshop, National Education Policy 2020, Early Childhood Care and Education, National Education Policy 21st Century skills, Principal's role in the school, personality and five-dimensional development, Basic Knowledge of ICT, Principal's compatibility with stakeholders of the school, National Education Policy Leadership qualities, Annual planning and budget preparation of school, Seven essential programs of Vidya Bharati, How to implement NEP in the classroom, National Education Policy Learning outcome, Acting teaching method (Panchpadi), Vidya Bharati's central topics and in order to improve the educational level in schools, various experiments, etc. were discussed in detail. 62 principals and headmasters of senior secondary and high schools in 11 districts of Himachal Pradesh participated in the workshop.



## Blood Donation Camp by Poorv Chatra Parishad in Odisha



## Prantiya Principal Action Plan and Review Meeting



Agra | Shishu Shiksha Samiti affiliated to Vidya Bharati Braj Pradesh organized Prantiya Principal Action Plan and Review meeting from 01 to 03 March 2023 at Saraswati Shishu Mandir, Kamla Nagar. In the meeting, especially on examination and evaluation, annual inspection, financial and office management, educational upgradation, service sector education, dimensions of social concern, implementation of national education policy, transfer, and appointments, the usefulness of Prachar Vibhag and role of principal etc. were the discussions held.

**The Schools of Vidya Bharati Uttarakhand – Tibet and Nepal Border received the guidance of Shri Gobind Mahant – Akhil Bharatiya Sangathan Mantri and Shri Domeswar Kshetriya Sangathan Mantri.**



## Distribution of Solar Energy Lights in Sewa Basti

Jodhpur | Management committee Adarsh Vidya Mandir Jodhpur and Kaivalya Seva Sansthan distributed solar energy lights in Sewa Basti located at Pal Bala. On this occasion, Shri Mahendra Kumar Dave, Sachiv of Vidya Bharati, Jodhpur Prant, said that solar energy lights were distributed on the occasion of the New Year festival, which moves from darkness to light. Chief Guest, Pradeshadhyaksh of Kaivalya Seva Sansthan Nisha Rathore said that we should cherish the feeling of patriotism by staying connected to our culture. Mothers and sisters were urged to keep their families together. To protect our joint families and for the welfare of all, this sentiment should be kept in mind.

Mahanagar Sanskar Kendra chief Shri Ramkishore Agnihotri gave information about how to use solar energy lights. The treasurer of the committee Shri Ashok Gehlot proposed the vote of thanks.





## Poorva Chatra Holi Milan

### Connect With Your School and Pass On The Legacy To The Next Generation – Shri Ravi Kumar

**Delhi** | On the auspicious occasion of Rangotsav, the Holi Milan program was organized on 4-5 March 2023 with the planning of Poorva Chatra Parishad, Delhi Prant. Of these, two department-level programs were held at Paschim Vihar of Uttari Vibhag and at Leelawanti Vidyalaya, Hari Nagar of Paschimi Vibhag. Three school-level programs were completed in Nehru Nagar, Vasant Vihar and Mehrauli, in the company of the Sangthan Mantri of Delhi Prant, Shri Ravi Kumar. He said that alumni are the capital of Vidya Bharati. Live up to the legacy, pass on the legacy to the next generation in their families, do what they are doing well, be socially active, get involved with your school and think about what you can do for the next generation, this is what Vidya Bharati expects from its alumni. 607 former students from 13 schools and 106 Acharya-Management Committee members participated in the Holi Milan programs.



## Sri Saraswathi Vidyapeetham - Sanskar Kendra Sports & Games on behalf of the Telangana Sewa Vibhag

**Hyderabad** | At the occasion of Sant Sewalal Jayanti closing ceremony, Sanskar Kendra sports for boys and girls was organized in Shri Saraswati Nagar Sankulam, Bhagya Nagar division. The valedictory function was attended by Shri Pathakamuri Srinivasa Rao, Program Sangthan Mantri of Sri Saraswathi Vidya Peeth, Telangana and Shri Mukkala Sitaramulu, Secretary.



## Where are rituals found...?

**Shri Ravij Thakur (shining face of film industry) alumni of Vidya Bharati came to Saraswati Vidya Mandir Samoli.**



## Samiksha Baithak of Vidya Bharati's Sports Wing



**Nainital** | The review meeting of Akhil Bharatiya Sports Wing was held on March 21-22 at Parvati Prema Jagati Saraswati Senior Secondary School, Nainital. Shri Shriram Aaravkar, Shri Rajendra Singh, Shri Hem Chandra, National Sports Convenor Shri Mukhtej Singh Badesha, and regional heads and members of the sports department were present in the meeting. During this, the proceedings of the previous meeting were approved and the cycle of Akhil Bharatiya Sports Competitions held in 2022-23 was presented.

### Key Decision

- Urgently implement the 10-minute exercise series in all schools.
- Mandatory battery test twice a year in all schools, record keeping and making available to students at the time of school dropout.
- To increase the number of women judges by compulsorily holding training classes at the prantiya / regional level.
- Practicing movements to the players participating in the Akhil Bharatiya Competition.
- Making a list of schools eligible to be set up as Khelo Bharat's academy in the province and sending their names to the central office after direct inspection.

- Identifying students who are doing very well in individual sports by calling SAI officials so that they can be trained properly.
- This year summer training classes will be organized in Basketball (Central Zone), Kabaddi (West Uttar Pradesh), Kho-Kho (Rajasthan Zone), Judo (Central Zone) and Wrestling (East Uttar Pradesh).
- If the School Games Federation of Bharat competition is organized for the session 2022 and 23, Vidya Bharati's Under-19 players will be sent for participation. Under-17 students will participate in athletics only.
- It has been decided to get the schools that are yet to be converted into Fit Bharat School very soon.
- Online training for sports or physical education teachers of all schools of Vidya Bharati will soon be conducted by the trainers of Fit Bharat.
- A meeting will be organized to prepare the record of traditional games.
- It was decided to hold a national competition of 35 sports in the coming season and its areas were fixed.
- In 2024-25, a new tracksuit will be designed for Vidya Bharati players.
- It was made mandatory for all the players of Vidya Bharati to put birth certificates along with their records in all classes from the beginning.



## Personality Development Camp

Personality development camp under the joint auspices of Vidya Bharati, Jharkhand and Surya





## Educational Experiment

### Mathematics Laboratory Developing Scientific Interest in Students

Delhi | The Mathematics Laboratory at Shishu Bharti No. 2, Gandhi Nagar, Delhi started during the summer vacation. Students from classes III to VIII were included in this. Self-explanatory walls were created by the students in the Maths Lab and the four walls were divided into sections. The first wall depicts the concept of the primary wing, the second wall depicts the concept of the upper primary wing, the third wall depicts the multi-classical approach and the fourth wall depicts the Vedic mathematics, and formulas of Bharatiya mathematicians. Most of the objects in this were equipped with mathematical shapes, such as cuboid shapes has been used for furniture. Some readymade models were also purchased like concepts of integers, number lines, geometric concepts, colored beads, abacus, etc. By doing different types of experiments in these laboratories, children not only learn by doing but also get practical and useful knowledge. While working in the laboratory, students develop a sense of responsibility and the teaching process becomes more effective.

A Mathematics laboratory is one of the most effective and practical means of developing scientific attitudes among students.

In the Mathematics Laboratory, in the session 2022-23, the students made three models-

- 1) Pythagoras' theorem
- 2) Difference between prism and pyramid
- 3) Metric Measures



### The 3-D solar system became the main attraction of Social Science Laboratory

In the construction of social science laboratory in the school, the students of classes VII to X and former students were involved. The four walls of this laboratory were divided into sections. These walls are dedicated to social science subjects like geography, history, political science and economics. These walls are given special names and are based on MULTI-DISCIPLINARY APPROACH. The main attraction of the Social Science Laboratory is the 3-D Solar System. Smart TV has been used in the laboratory, through which videos related to the subject are shown from time to time. Students are given an opportunity to present themselves. While working here, the sense of responsibility is developed in the students. The students of Sanskar Kendra are also brought to the laboratory from time to time. The Social Science Laboratory provides opportunities for students to think creatively, develop forest values and explore their interests. In the session 2022-23, the students made 5 models-

1. Volcano (Working Model)
2. Soil Profile
3. Monastery
4. Layers of earth
5. Working of the river and sea waves





## Vidya Bharati Uttar Kshetra - Kshetriya and Prantiya Office Personnel Workshop, Kurukshetra



## Download Vidya Bharati E-Pathshala App and Get New Teaching Material

Bhopal | Akhil Bharatiya team meeting of Vidya Bharati E-Pathshala was organized on 21-22 February 2023 at



Saraswati Vidya Pratishthan Bhopal (MP). It represented 7 regions. During this, the app of Vidya Bharati E-Pathshala was made available on the Play Store. It can be downloaded from Google Play Store. Live classes will start in the app and study material is also available in it. Along with this, class-wise teaching material is also there. Teaching material, live classes, online tests, class tests, polls, and expert videos will be depicted from time to time. Coding classes, ICT training, and computer training were organized this year through Vidya Bharati E-Pathshala.

## Name of Sister of Soldiers Colonel (Honorary) Parvati, alumna of Balika Adarsh Vidya Mandir, Shastri Nagar, Jodhpur, registered in "Harvard World Records and Bharat Book of Records".





## The Pride of Vidya Bharati: Achievements of Alumni



**Divyansh Bhardwaj, an alumni of Saraswati Vidya Mandir, Rowda Sector, Bilaspur, Himachal Pradesh became a lieutenant in the Bharatiya Army.**



**Anupriya Nathawat, an alumni of Shree Chiranlal Ambikaprasad Ojha Prathikaran Adarsh Vidya Mandir, Churu, was felicitated by the Government of Rajasthan for topping the Rajasthan Board Examination (Class 12). She was given a cash award of ₹ 100,000 along with a citation under the Indira Priyadarshini Puraskar Yojana.**



**गौता स्कूल के पूर्व छात्र को राष्ट्रपति पुलिस पदक मिलने पर हर्ष जताया**

अजमेर, 14 मार्च: गौता स्कूल के पूर्व छात्र को राष्ट्रपति पुलिस पदक मिलने पर हर्ष जताया। गौता स्कूल के पूर्व छात्र को राष्ट्रपति पुलिस पदक मिलने पर हर्ष जताया। गौता स्कूल के पूर्व छात्र को राष्ट्रपति पुलिस पदक मिलने पर हर्ष जताया।



**Rishikesh Sinha, an alumni of Saraswati Shishu Mandir Dongargarh, Chhattisgarh secured 1123 in Akhil Bharatiya GATE Exam 2023 Rank.**

**Alumni of SMB Geeta School, Kurukshetra Shri Ramneesh Geer (1981 Batch), Joint Director - CBI received the President's "Police Medal". Earlier in 2014 he was awarded the Independence Day Medal for Meritorious Police Service as the Best Investigating Officer and the Gold Medal for 2006.**

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